



South East Cornerstone Public School Division

Newsletter

March 2021

Important Events

March 17th - Regular (Public) Board Meeting

March 19th - No School (Day in Lieu)

March 22nd - No School (PD Day)



Canada

**Download the
COVID Alert app**

Mental Health Supports in South East Saskatchewan

Saskatchewan Health Authority Addiction Services

Weyburn - (306) 842-9693

Kipling - (306) 736-2363

Community Supports Program
(306) 637-2757

Estevan Youth Services -
(306) 637-2465

Estevan Adult Services
(306) 637-2422 or (306) 637-2420

Local Mental Health & Counselling Services

Mental Health Services Intake
1-800-216-7689

Arcola - (306) 455-2159

Estevan - (306) 637-3610

Kipling - (306) 736-2638

Weyburn - (306) 842-8665

Moosomin - 1-888-989-8444

Envision Counselling & Support Centre

Estevan - (306) 637-4004

Weyburn - (306) 842-8821

Carlyle - (306) 453-2405

Oxbow - (306) 483-5555

Happy March! This month brings hope for many things including spring, and the hope for a great last semester of the 2020-2021 school year. Hope and its links to positive mental health have been widely studied. The results of that research have crossed over into strategies for learning, business, and professional success. When we talk about common characteristics of successful and/or resilient people the desire to be successful is a necessary driver. Work hard, stay the course, and crush your goals. There is an equally important and necessary component of success which we don't talk about as much. It's the belief that you can be successful, even when mountains stand in your way. Stay hopeful SECPD!

Carlyle Elementary Classroom Champions!

Mrs. Kyle's grade 2 class students were able to video chat through TEAMS with their Classroom Champions Mentor, Emily Young. They were able to ask her questions about her experience competing in the 2018 Paralympic Games and making it up to the podium twice. Silver medalist for the Team Skiing Relay and bronze for the 7.5 KM Classic Race.

During the chat they also discussed the different Classroom Champions monthly topics and challenges that Emily gave to the class that go along with the lessons.



Power to the Purple

The Grade 10 Wellness class at Rocanville School took part in a fundraiser this month to support teen mental health in collaboration with their hometown girl Jessica Campbell and her participation on Battle of the Blades. Jessica was skating on Battle of the Blades to raise awareness for youth mental health and give back to a foundation that is near and dear to her heart, DIFD (Do it for Daron.)

The Wellness class thought this would be a great opportunity to raise awareness for youth mental health at a school level. They organized purple shirt days every Thursday while Battles of the Blades was airing, they put up bulletin boards around the school to inform students and get the



conversation started, and they promoted purple shirt day to all local businesses in Rocanville. The grade 10 students also sold purple T-shirts that said "We all Skate Together" to fundraise for a mental health speaker to come to Rocanville School. Rocanville School staff donated \$300 to the Do it for Daron foundation this month to help raise awareness and fund for youth mental health!

SECPD'S Top Reasons to Enroll your Child in French Immersion:

- Having French opens several doors in terms of job opportunities, travel and learning additional languages.

- French Immersion students gain additional cognitive and academic benefits that help them perform better on tasks requiring mental manipulation.

- Students with diverse learning abilities and needs do as well in French Immersion as they might in English programs.

- The K-2 curriculum is taught in French.

- The teacher & the administration will be there to help students and parents along the way.

- Bussing will be provided within Weyburn, Estevan & surrounding areas to the immersion schools so there is no extra stress put on parents.

- All students in K-2 who enroll will begin at the same level of French knowledge.

- The French Immersion program is a great way to challenge your child.

- It is easier to learn a 2nd language at an early age.

- Students who enroll in Immersion are with each other every step of the way until graduation and become like family.

- Students learn about a new culture.

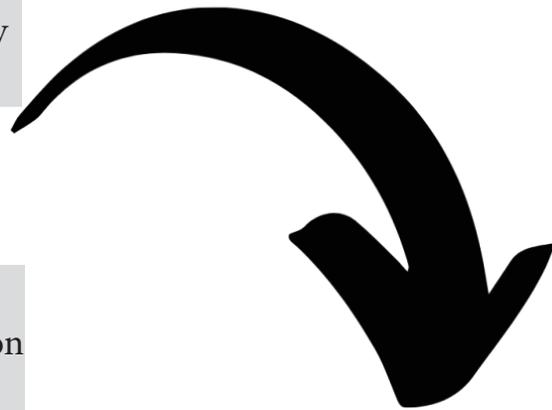
- Small class sizes make it easier for students to concentrate & learn.



Arcola Vying for Kraft Hockeyville Title!

The town of Arcola is in the running to win the opportunity to host an NHL game, \$250,000, and the title of "Hockeyville!"

Help the Arcola Complex advance to the top 4 of the competition by visiting krafthockeyville.ca and submitting a nomination story or sharing other nomination stories on social media!



Learn more about the French Immersion program & find registration details [here](#)